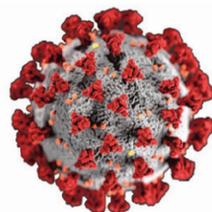


douglas county Sentinel

Saturday-Sunday, September 12-13, 2020

\$2.50



COVID-19 IN DOUGLAS
3,319 — confirmed cases
68 — confirmed deaths
**Statistics from Georgia Department of Public Health current as of Friday.*

City votes to extend Sunday alcohol sales

11 a.m. purchases begin this weekend

BY RON DANIEL
EDITOR

Folks in Douglasville can now pick up their packaged adult beverages 90 minutes earlier on Sundays.

The Douglasville City Council voted Tuesday to

amend the city's Alcoholic Beverage Ordinance to change the starting time citizens can purchase retail packaged alcohol on Sundays to 11 a.m. The ordinance change takes effect starting this Sunday,

Sept. 13. Previously, residents who wanted to purchase alcoholic drinks at grocery stores, convenience stores, package stores and other outlets had to wait until 12:30 p.m. on Sundays.

Restaurants in Douglasville and Douglas County have been able to sell alcoholic drinks starting at 11 a.m. since 2018, when voters approved the "Brunch Bill."

The move by the council Tuesday came after Gov.

SEE SALES/PAGE A2

Chiropractor part of campaign to fight opioid addiction

SPECIAL TO THE SENTINEL

A Lithia Springs chiropractor is part of a group in Georgia that has launched a public awareness campaign promoting the benefits of natural relief — such as chiropractic care — over controlled pain medication to fight opioid addiction.



Dr. Lesli Walker

Dr. Lesli Walker, owner of Lithia Springs Family Chiropractic on Lee Road, is a Georgia Chiropractic Association (GCA) board member. Chiropractors and leaders like Walker affiliated with GCA, along with Life University and the Georgia Council of Chiropractic, came together to create the campaign, with the attention-getting message that asks and encourages, "Painful Condition? Get Relief. Without Addiction."

The campaign, funded by a grant from The William M. Harris Family Foundation, comes on the heels of news from the Georgia Department of Public Health, which has detected increased drug overdose-related Emergency Department visits throughout the state.

Data from the National Institute on Drug Abuse shows that 1,014 Georgians died from opioid overdoses in 2017. An area known as "The Triangle" north of Atlanta, spanning from Marietta to Alpharetta and down to Atlanta, has seen an alarming rate of growth of opioid usage.

Many people get access to opioids legally through their primary care physicians, according to the Centers for Disease Control and Prevention (CDC). The CDC points out that one in four primary care patients who are on a long-term opioid therapy for chronic pain become addicted.

And Walker said the new trend of virtual healthcare visits may be making it even easier to access opioids.

"We are in a pandemic and people are stressed and out of work,"

SEE FIGHT/PAGE A4

ADA Adams named state Arson Prosecutor of Year

Hedgecock convicted last year for role in 2014 fire at business

BY RON DANIEL
EDITOR

A Douglas County attorney has been named Arson Prosecutor of the Year for his work getting a conviction in a fire at a historic building in downtown Douglasville in 2014.

Assistant District Attorney Brett Adams was honored last month by Georgia Arson Control, a nonprofit dedicated to fighting arson in the state and celebrating the efforts of first responders.

Ken LeCroy with the Arson Control Board and Steve Pate, chief investigator for the Douglas County Fire Department, presented the award to Adams for prosecuting and getting a conviction of Christopher Hedgecock in April of 2019.

The Douglas County District Attorney's Office said Hedgecock convinced a young employee to burn down his business, Town & Country Fabrics and Upholstery, on Broad Street.

Every engine in Douglas County responded to the scene in order to keep the fire from spreading to the rest of downtown Douglasville,

SEE ADAMS/PAGE A3



Photo courtesy of the DA's Office

Steve Pate, chief investigator for the Douglas County Fire Department, presents the Arson Prosecutor of the Year award to Assistant District Attorney Brett Adams for prosecuting and getting a conviction of Christopher Hedgecock in April of 2019.

Police seize guns, drugs at local hotel

Davidson: Tip led to three arrests

BY RON DANIEL
EDITOR

Three people were arrested and multiple firearms and drugs were seized at a Douglasville hotel Sept. 4.

Investigators were

conducting surveillance at a hotel near Fairburn Road and Interstate 20 when they saw a male point a handgun at a second person, according to Maj. J.R. Davidson.

Davidson said two men were detained and a search of the hotel room was conducted. Investigators found and seized firearms, ecstasy, cocaine and marijuana, Davidson said. One of

the firearms was stolen, he said.

Cornelius Howard, 39, and Eddie Ellis, 21, both of Douglasville, were charged with multiple felonies.

Howard was charged with possession of a firearm by a convicted felon, possession of a firearm during commission of a felony, trafficking cocaine, trafficking ecstasy, possession of a sawed-off shotgun, theft

by receiving, possession of marijuana less than an ounce and drug related objects.

Ellis was charged with possession of a firearm during commission of a felony, aggravated assault, trafficking cocaine and ecstasy, possession of marijuana less than an ounce and drug related objects.

Both men made their

SEE SEIZE/PAGE A4



Photo courtesy of DPD

Douglasville police seized multiple firearms, cocaine, ecstasy and marijuana Sept. 4 at a hotel at Fairburn Road and Interstate 20.



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High 84 Low 69
 Few showers
 For details, see page A2



IT'S CHOW TIME!

CHECK TODAY'S PAPER FOR COUPON FOR 20% OFF YOUR MEAL. (EXCLUDES ALCOHOL)!



Mr. Winn remembers

Mr. Frank M. Winn (1894-1996), long time Douglas County Superior Court clerk and beloved



LISA COOPER

citizen, wrote down his memories and published a few copies for family and friends at some point

before his death. I happened upon a copy not long ago and love the tidbits of information I have gleaned from it.

Here are 10 fascinating remembrances:

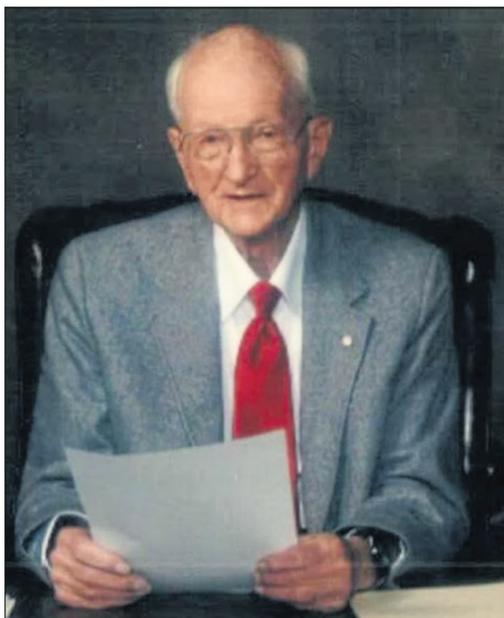
1. The coldest weather Mr. Winn could remember occurred February 13, 1899. He says, "The thermometer registered nine below zero. My father went out and nailed extra planks in the barn to help protect the livestock from the weather."

2. Within Mr. Winn's writing I found the first description of the Douglasville College auditorium. The school sat where the fire department and armory are today on Church Street. By 1900, the younger grades had been done away with and only the high school remained. Mr. Winn states, "The building had a large and spacious auditorium which would seat about 1200 people ... School and public events were held there at that time."

3. By 1902, the Winn family lived on property referred to as the Roach Place near Bear Creek next to Fouts Mill. The old Roach home burned in 1989, but Mr. Winn advises the mill was known as Adamson's Mill when he lived there.

4. In 1902, Rural Free Delivery (RFD) mail routes began in Douglas County. Joe Huey, one of the two carriers, covered his route with horse and buggy. The first day of the delivery was well advertised, and Mr. Winn relates everyone went out to greet the carrier at the mailbox. Mr. Winn states, "He probably received enough tea-cakes and other goodies to last for days."

5. Mr. Winn describes a trip to Atlanta in 1904. His destination was what he describes as the stockyards on Peters Street owned by La Fayette Souter of Douglas County. Farmers could sell their produce there. Mr. Winn describes the Atlanta streets — many of which were paved with cobblestones at that time saying "the tramping of the horse feet with metal



Special

Frank M. Winn, longtime Douglas County Clerk of Superior Court and beloved citizen, wrote down his memories and published a few copies for family and friends at some point before his death in 1996.

"shoes" could be heard for blocks."

6. Mr. Winn's first ride in an automobile was in 1906 or 1907. The car was bought by Tim Walton who was using the car as a taxi in Douglasville. Mr. Winn states "We rode down Broad Street like we were the main attraction in a parade!"

7. The main activity for high school kids in Douglasville between the years 1912 to 1915 centered on J.L. Selman and Son — the drugstore where the Irish Bred Pub was located. The teens would buy a five cent drink and go to the train "depot one block down the street and across the railroad to see who got on and off train" The next stop would be the post office — where Gumbeaux's is today — and wait for the mail to be put in the boxes or handed out through the window.

8. Free concerts at Douglasville's O'Neal Plaza are nothing new. Mr. Winn relates how he along with Glenn Butler, Roy Smith, and Frank Silvey would meet "uptown" at night at a time when many of the businesses would stay open till 10 p.m. including "the drugstore, the lone restaurant, and motion picture show" which at that time would have been located where Fabiano's Pizza is today. They formed a singing quartet and on street corners they would entertain downtown shoppers by singing the major hits of the day — "Sweet Adeline", "Down by the old Mill Stream" and "Let me Call You Sweetheart."

9. In 1918, Douglasville passed the first city ordinance regarding fixed speed limits on autos at 15 m.p.h. The funny thing about that is at that time there were no police cars

or even a motorcycle to check. Distances were measured along Broad Street and a chart was made. Drivers were observed and the chart was consulted. If it was determined you made the distance in less time than the chart stated you would be issued a ticket when "the law" caught up with you later at home, work or even church.

Everyone knew each other, remember?

10. There is a longstanding story in Douglas County that all the records burned up when the 1896 Courthouse burned in January 1956. Mr. Winn relates the cold weather and continuous operation of the gas furnace overheating was the cause of the fire. The Clerk's office along with the offices of the Ordinary and county commissioners all had fireproof safes. The records survived except for a few items that suffered water damage in the Ordinary's office.

Mr. Winn should know. He served as Superior Court Clerk in 1915 when he took over his father's unexpired term at age 21. He then served as deputy clerk for a few years, and then was elected to that office in 1948 serving there through 1965, and until his death in 1996 he continued to volunteer at the courthouse and serve the people of Douglas County in many different ways.

This column ran in the Douglas County Sentinel in August 2015. Lisa's books "Every Now and Then: The Amazing Stories of Douglas County, Volume 1," "Douglasville," a pictorial history, and "Georgia on My Mind: True Tales from Around the State," are available at Amazon and The Farmers Table, Douglasville Welcome Center, and the Douglas County Museum of History and Art.

SEIZE

FROM PAGE A1

first court appearances Monday where bond was denied.

A third person, Seirra Hill, 25, was charged with possession of ecstasy. Her bond was set at \$1,000.

"These arrests resulted from a tip about suspicious activity," Davidson said. "Remember: if you see something, say something."

FIGHT

FROM PAGE A1

Walker said. "Some people will abuse drugs to relieve the stress, self-medicate for pain and escape the problems of today. It's early to know for sure, but telehealth appointments with physicians to address pain may increase the ease of getting prescriptions for opioids, or opioid refills for longer periods of time."

Walker said she asks people to try chiropractic to manage pain first instead of an opioid, noting it could save someone from addiction, and maybe save a life.

"Give it three weeks to see if chiropractic reduces your pain," she said. "If it does, you know you're on the right track."

Walker said she took the opioid Percocet in 2016 after a hip replacement to help with pain as part of her recovery. She remembers being scheduled every so many hours. If she went beyond that time, she said she started feeling weird and jittery, along with more pain. But she managed to quit.

"I knew if I took the pill, the pain and nausea and jittery feelings would stop," Walker said. "I could see why people would get caught up in taking opioids."

Chiropractic is a second career for Walker. She was an electrical engineer at the Rock-

well International Space Shuttle division in California before she became a chiropractor.

After an accident, she said some colleagues went to chiropractors and had good results, so she decided to give it a try.

"I went for three months and felt better not having the pain," she said.

After that, she started seeing a chiropractor for menstrual cramping that she had for 15 years and she said "it was resolved" and she was able to get off 800 milligrams of Motrin.

"Not only did I feel better, my body was functioning better," she said. "There was a change. I had a better attitude. That's why I decided to become a chiropractor."

Back pain is one of the most common reasons people visit their healthcare providers and miss work.

"Our goal is to educate the public about safer pain treatment alternatives and to ask physicians to counsel patients on natural pain relief first," said Leana Kart, D.C., who serves as the campaign's spokesperson and is a past president of the Georgia Chiropractic Association and a trustee with Life University.

The campaign's message is in line with leading healthcare agen-

cies who recommend non-pharmacological care — including chiropractic — for patients with non-cancer pain.

These agencies include the CDC, the U.S Food & Drug Administration (FDA), the Department of Health and Human Services, the National Academy of Medicine (NAM) and The Joint Commission on the Accreditation of Health-care.

People with all levels of spinal pain get proven relief from chiropractic care, which aims to restore movement and function. Patients may experience relief from spinal adjustments as well as supportive care such as stretching, spinal traction, soft tissue care, and muscle strengthening. Nutrition and lifestyle counseling may also be provided. And like medical doctors, chiropractors are highly trained, specialized, licensed and regulated.

"With what we know now, opioids must come off the table for neck and back pain," said Dr. Kart. "Drug-free chiropractic care should be the first choice for patients with spinal pain."

For more information or to find a local chiropractor, visit ReliefWithoutAddiction.org and follow @ReliefWithoutAddiction on Facebook and Instagram.

LEARN MORE

For more information or to find a local chiropractor, visit ReliefWithoutAddiction.org and follow @ReliefWithoutAddiction on Facebook and Instagram.

DOUGLAS COUNTY CHAMBER

CHOW

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